

# Be Pilates Studio

**The following class will be canceled as of 7/7**

Monday 8:30 AM Equipment Circuits

**We will be adding new classes:**

Starting Friday July 10<sup>th</sup> 8 AM Power  
Reformer/Jumpboards

Starting Monday July 13<sup>th</sup> 7:30 AM Power  
Reformer/Jumpboards

Starting Thursday July 16<sup>th</sup> 8 AM Power  
Reformer/Jumpboards

New Sessions:

Starting June 30<sup>th</sup> Beginner Reformer Tuesday 6:30 PM  
(Six Weeks)

Starting July 1<sup>st</sup> Advanced/Progressive Pole 4:30 PM  
(Six Weeks)

Starting July 1<sup>st</sup> Beginner Pole 5:30 PM (6 weeks)

